上地流武徳会
*Buzz Durkin's* UECHI KARATE SCHOOL
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*STUDY GUIDE FOR WRITTEN PORTION OF*

# THE KYU TESTING

**Please translate to English:**

- Shomen Geri - Front Kick
- Muwashi Geri - Roundhouse Kick
- Shoken - One-Knuckle Fist
- Wa-Uke - To Accept / Block
- Karate - Empty Hand
- Bushiken - Palm-Heel Strike
- Nukite - Spear-Hand Strike
- Reiken - Backfist
- Mawate - Turn
- Kiai - Shout of spirit

**Uechiryu Questions**

- Name the first kata. - Sanchin
- Name the second kata. - Kanshiwa
- Who is the founder of Uechiryu? - Kanbun Uechi
- Who is Mr. Durkin's teacher? - George Mattson
- How many kata are there in Uechiryu? – Eight
- What does the word Butokukai translate to?
  Gathering of people studying the virtues of the Martial arts
- What style of martial arts was Uechiryu originally known as?
  Pangainoon
- What year did Mr. Durkin begin training? – 1966
- What year did Mr. Durkin receive his black belt? – 1969
- Name the 8 kata.
  Sanchin, Kanshiwa, Kanshu, Seichin, Seisan, Seirui, Kanchin and San Sei Ru