上地流武徳会
Buzz Durkin's UECHI KARATE SCHOOL
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STUDY GUIDE FOR WRITTEN PORTION OF

THE KYU TESTING

Please translate to English:

- **Shomen Geri**
  - Front Kick
- **Muwashi Geri**
  - Roundhouse Kick
- **Shoken**
  - One-Knuckle Fist
- **Wa-Uke**
  - To Accept / Block
- **Karate**
  - Empty Hand
- **Bushiken**
  - Palm-Heel Strike
- **Nukite**
  - Spear-Hand Strike
- **Reiken**
  - Backfist
- **Mawate**
  - Turn
- **Kiai**
  - Shout of spirit

Uechiryu Questions

- **Name the first kata.**
  - Sanchin
- **Name the second kata.**
  - Kanshiwa
- **Who is the founder of Uechiryu?**
  - Kanbun Uechi
- **Who is Mr. Durkin's teacher?**
  - George Mattson
- **How many kata are there in Uechiryu?**
  – Eight
- **What does the word Butokukai translate to?**
  Gathering of people studying the virtues of the Martial arts
- **What style of martial arts was Uechiryu originally known as?**
  Pangainoon
- **What year did Mr. Durkin begin training?**
  – 1966
- **What year did Mr. Durkin receive his black belt?**
  – 1969
- **Name the 8 kata.**
  Sanchin, Kanshiwa, Kanshu, Seichin, Seisan, Seirui, Kanchin and San Sei Ru